



AVON JUNIOR HOCKEY LEAGUE RULES FOR SEASON 2011/12

- Players must be:

- **Under 12** - born on or after 01/09/1999; up to and including Year 7
- **Under 14** - born on or after 01/09/1997; up to and including Year 9
- **Under 16** - born on or after 01/09/1995; up to and including Year 11

N.B. whilst there is no minimum age restriction junior organisers/coaches should consider the individual abilities of younger players prior to selecting them to play in higher age group matches.

- **It is STRONGLY RECOMMENDED that shin-protectors and mouth-guards are worn by all field players AT ALL TIMES**

- No player shall wear any equipment that may be dangerous to themselves or other players. This includes jewellery, baseball caps, etc.

- Teams need to bring an alternative coloured set of shirts or bibs in the case of a colour clash

- Each team must provide their own umpire

- **First Aid will be the responsibility of each individual club**

- **Photography**

- All clubs will adhere to the Avon Junior Hockey League policy on the taking and use of photographic and recorded images of young people
- It is **the responsibility of all clubs** to ensure that:
 - the appropriate consent has been obtained from parents/carers in respect of the photography of children **and advise the organisers immediately should such consent not be held**
 - anybody associated with their club who is taking photos/recording images at any session register that they are doing so with the organisers and/or nominated club(s)

- The Avon Junior Hockey League and its organisers cannot be held responsible for the loss or damage of equipment or personal items belonging to players, parents or anyone else present at any session

- **Under 12:**

- the format is 'mixed' and will be played in accordance with mini-hockey rules; on half a pitch with goals on the sidelines allowing for two games to be played at the same time
- there should be no more than 7 players on the pitch including the goalkeeper
- there should be a minimum of 2 girls on the pitch at all times
- games will last for 15 minutes one way and will be centrally timed
- mini hockey balls will be provided and used for all games
- goalkeepers **MUST** wear full goalkeeping equipment including:
 - a full helmet with throat guard
 - a body protector (groin and chest areas)
 - hand protectors
 - leg protectors
 - feet protectors
 - abdominal guard or box

The umpires **will not** allow any team to play with a goalkeeper who is not properly protected.

- **Under 14 & Under 16** - Leagues, Semi-Finals & Finals:

League games:

- will be played in accordance with the Rules of Hockey except that a match will consist of two periods of 25 minutes and a half time interval of 3 minutes
- a squad shall consist of a maximum of sixteen players
- the minimum number of players to start or continue a match shall be seven
- the first named team to provide the match ball
- three points will be awarded for a win and one for a draw
- a 2-0 walkover will be awarded against any team failing to show for a match
- if points are equal after all matches have been played league positions will be decided by:
 - Goal difference
 - Goals scored
 - Goals conceded
 - Relevant match results

Semi-Finals:

- will be played in accordance with the Rules of Hockey except that a match will consist of two periods of 25 minutes and a half time interval of 3 minutes
- a squad shall consist of a maximum of sixteen players; team sheets to be completed before commencement of the match
- the minimum number of players to start or continue a match shall be seven
- the first named team to provide the match ball

Penalty Strokes:

- in case of a draw at the end of full time then the match outcome will be decided by a series of 5 penalty strokes to be taken alternately by 5 players from each of the two teams.
- if the scores are still equal then a second series of penalty strokes shall take place using the same players and shall cease after a team shall have scored or been awarded one more goal than the opposing team after an equal number of strokes have been taken by each team, i.e. 'sudden death'. [N.B. The team whose player has taken the first penalty stroke of the first series of 5 shall defend the first penalty stroke of the 'sudden death' series]

Finals:

- will be played in accordance with the Rules of Hockey
- a squad shall consist of a maximum of sixteen players; team sheets to be completed before commencement of the match
- the minimum number of players to start or continue a match shall be seven
- the first named team to provide the match ball

Extra Time

- in case of a draw at the end of full time then two periods of 7.5 minutes of 'golden goal' extra time will be played with a half time interval of 1 minute
- the game will end as soon as one team scores

Penalty Strokes

- in case of a draw at the end of 'golden goal' extra time the match outcome will be decided by a series of 5 penalty strokes to be taken alternately by 5 players from each of the two teams.
- if the scores are still equal then a second series of penalty strokes shall take place using the same players and shall cease after a team shall have scored or been awarded one more goal than the opposing team after an equal number of strokes have been taken by each team, i.e. 'sudden death'. [N.B. The team whose player has taken the first penalty stroke of the first series of 5 shall defend the first penalty stroke of the 'sudden death' series]